

KS4 SUCCESS EVENING

11TH SEPTEMBER 2019

*How you can support your child to make the most of
their learning in Years 10 and 11*

This presentation will be available on the school
website

The Key Features of the Reformed GCSEs:

- New grading 1-9 replaces the A*-G
- No Higher or Foundation papers except for in Maths, MFL and Science
- Completely linear so no modules, coursework, controlled assessments (except for 10% in Science practical work).
- Practical assessments shown only in a few subjects where it's absolutely necessary eg. Art & Design
- Exams are terminal so only at the end of the course
- Increased extended writing in exams

The 9-1 Grading Structure for those who remember the old GCSE grades

NEW GCSE GRADING STRUCTURE	CURRENT GCSE GRADING STRUCTURE
9	A*
8	A
7	A
6	B
5	B
4	C
3	D
2	E
1	F
U	G
U	U

GOOD PASS (D/E)
5 and above = top of C and above

AWARDING
4 and above = bottom of C and above

- Old 'C' now a 4/5
- Lowest C grade now awarded lowest 4
- A 9 is like a double A*
- Only half of students previously awarded A* will achieve a 9.

So what are the challenges presented by the GCSEs?

- Knowledge
- Application of knowledge
- Memory
- Handwriting
- Writing at Pace
- Stamina

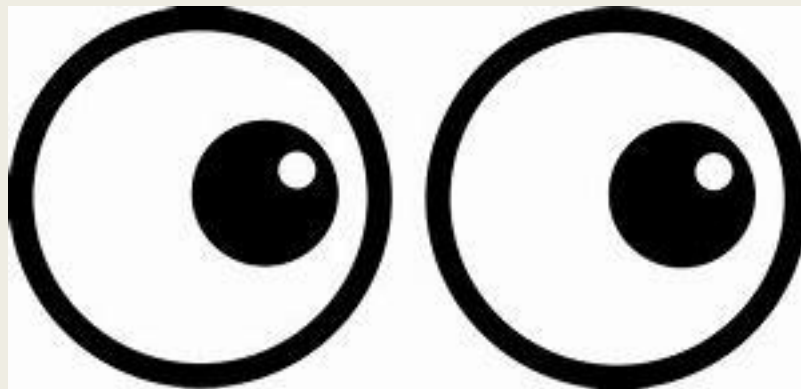


‘5 A*-C including English & Maths %’ has been replaced by these 4 measures:

- **From the Best 8 subjects: Attainment 8 score – ALL subjects matter!**
- **English & Maths**
- **Ebacc (English Baccalaureate): combination of subjects to be studied by a significant number of our students**
- **These subjects are: English, Maths, at least 2 Sciences (including Computer Science), MFL and either History or Geography – facilitating subjects for many universities (although there are lots of other subjects which will prepare your child for university)**

How we can help you help to your child:

- Be on the look out for the following information leaflets that will be sent out to you over the course of the year (or years if your child is in Year 10).
- Great resources from Pixl, a reputable national organisation.



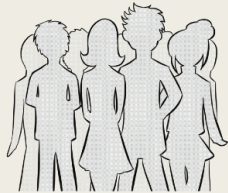
Raising Aspirations

Aspirations

Information for parents and carers



Did you know?

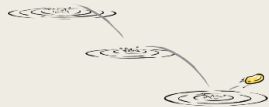


Aspirations reflect teenagers' hopes or desires to reach a particular level of education or reach a career. Studies show that students with either high aspirations or high expectations have higher school achievement than those with both low aspirations and low expectations.

Research suggests that there is a correlation between teenage goals, aspirations and psychological wellbeing. Raising aspirations is also believed to incentivise improved attainment.

Further studies have shown that parents believe their child will find it harder to achieve their life goals than they did because there is more competition for job roles than they faced when they started their careers. According to research from the Education Endowment Foundation, most young people actually have high aspirations.

What can you do?



Talk to your child about their career, education or life aspirations. Be positive about what their hopes and dreams are and encourage them to start to be proactive in achieving them.

Try to raise your child's aspirations by highlighting new opportunities. Develop their self-esteem, motivation and expose them to role models to look up to. Inspire your child to be excited about their future and motivate them to pursue their dreams.

Young people who take part in family time or activities with their parents are more likely to continue these, achieve in education and seek out career opportunities. Arrange to do things with your child such as theatre trips, cultural activities, concerts, museums, hobbies or exercising.

enquiries@pixl.org.uk www.pixl.org.uk

better future - brighter hope

- Talk to your child about their career, education or life aspirations.
- Inspire your child to be excited about their future.
- University is absolutely a possible pathway – even if first in family.
- Young people who take part in family time or activities with their parents/carers are more likely to continue these, achieve in education and seek out career opportunities.

Taking risks and building resilience

- Helping your child to 'bounce back' from difficult situations and adapt to challenging circumstances.
- Remember that failing is an important part of learning.
- Encouraging your child to step out of their comfort zone!



Screen Time

- Battles over this have become a depressing part of family life.
- The NATURE of the screen time matters more than the LENGTH – watching, playing and reading should be high-quality, age-appropriate and safe.
- Positive social media can really matter for friendships.
- Encourage screen-free times.
- Switch off phones and leave them outside the room.
- Consider ‘Digital Detox’ periods.
- Decide to do something else instead.
- Be a role model!



Although on the flipside...



We will keep you informed of useful revision apps that your child can use, for example for:

- Learning quotations
- Learning times tables
- Short bursts of Spanish



Quizlet

Sleep

- Teens need more sleep than adults – research shows 8-10 hours!!
- With sleep, your child will have better emotional responses, empathy to others and concentration.
- Try a 2 week sleep diary to help your child improve their habits.
- Avoid caffeine and energy drinks after lunchtime.
- Build a habit of a sleep-wake routine.



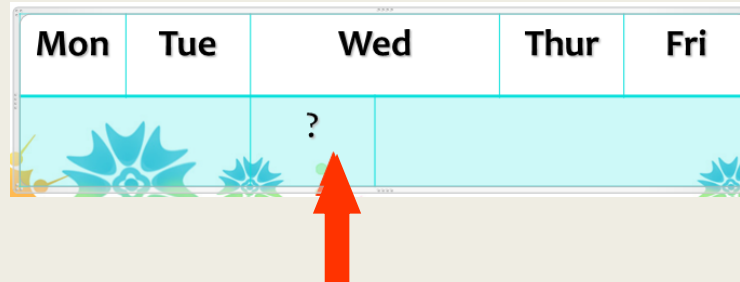
And others:

- Vocational alternatives to going to University
- Encouraging independence
- Helping good habits
- Handling the pressure of exams
- Hobbies and opportunities
- Self-care
- Social media
- Mental health

Attendance

90% attendance = ½ day missed every week!!

Mon	Tue	Wed	Thur	Fri
		?		

A calendar grid with five columns labeled Mon, Tue, Wed, Thur, and Fri. The Wednesday cell contains a question mark. A red arrow points upwards to the question mark. The grid has a light blue background with decorative floral patterns at the bottom.

Absent half a day every week

Attendance

90% attendance over 5 years of secondary school...



$\frac{1}{2}$ a school year missed!

Sept	July
Y7	
Y8	
Y9	
Y10	
Y11	

$\frac{1}{2}$ a year absent from school

■ What impact might this have?



Research suggests that

17 missed school days a year

= 1 GCSE grade DROP in achievement. (DfES)

The greater the attendance the greater the achievement.



PUNCTUALITY

- **Students must be in school and lined up by 8:20am**
- **Colleges ALWAYS ask for attendance and punctuality figures in references.**

Drink Water

- The human brain is made of around 85% water. Dehydration can cause headaches, poor concentration and reduced short-term memory.
- This is due to the fact that dehydration causes the level of energy production in the brain to decrease
- Avoid sugary drinks and 'energy' drinks.
- Bring a filled bottle of water to school everyday.



Eat breakfast

- It is estimated that around 27% of boys and 39% of girls skip breakfast some or all of the time.
- Research has found that skipping this meal significantly reduces your attention and your ability to recall information.
- Simply having a bowl of cereal will give you the concentration and memory boost you need.



Lunch

- Please keep swipe cards topped up
- ‘Chicken shop’ hours don’t feed your child’s concentration and academic performance
- Students can eat packed lunch outside
- The Food Pod is up and running.
- If your child is entitled to free school meals, make sure they are eating them!

How will I know how my child is doing?

- 3 reports a year
- Parents' Consultation Evenings (dates to follow)
- Behaviourwatch
- Phone calls and emails
- Doodle
- Fine grading eg. 5a/5b/5c within the PJGs



The Professional Judgement Grade is the grade that takes into account:

- How early assessment will *change* as the course progresses: with rigorous feedback and meaningful DIT.
- How the student's work will mature with practice and development.
- How the teacher's interventions (both inside the classroom and beyond) will take effect.
- We aim for ACCURACY

Attainment 8: 58.50



<<Forename>> <<Surname>> <<reg>> Year 11 Report

1: Exceptional, 2: Above Expected, 3: Expected, 4: Below Expected, 5: Significantly Below Expected

Any category colour coded red is a cause for concern that <<Forename>> will need to remedy as a matter of urgency.

Subject	Class Teacher	St Paul's KSA Target Grade	Professional Judgement Grade	Attitude to Learning	Quality of Work	Meeting Work Deadlines	Punctuality	Learning Outside the Classroom	Area for Development for <<Forename>> to apply <<himself>> to:
English Language	English Department	6							GCSE Result: 5
English Literature	Miss Hepburn	6	6b	2	2	2	2	3	Complete an exam question of your choice each week and hand it in to be marked.
Mathematics	Mathematics Department	7							GCSE Result: 6
Science	Mrs Callow	66	66c	2	3	2	2	2	Create revision summary cards for Chemistry Paper 1.
Religious Studies	Mr O'Connell	6	6c	1	1	1	1	1	Work on answering questions under exam conditions including timings.
History	Miss Pooley	6	6c	1	2	2	1	2	Extend written answers to include relevant supporting detail.
Spanish	Miss Cervero Fornes	5	4b	3	4	3	2	4	Work to the highest standard in PPEs.
Food & Cookery	Miss Gregory	Dist	Merit1	1	3	3	1	2	Use the coursework grading tracker to ensure that you are meeting your target grades.
Computer Science	Mr Vardoulakis	5	4a	3	3	2	1	4	Understand the use of different programming techniques and apply them to your scripts.

Target Attendance **97% or better**

<<Forename>>'s Attendance: **97.20%**

Unauthorised Absences: **0**

Number of Lates: **0**

Look out for:

- PPE Dates
- Boosters/ PPE/ speaking exams timetable
- Watch out for letters and keep an eye on the website
- Yr 10 Parent Consultation Evening: 20th November
- Yr 11 Parent Consultation Evenings: 13th November AND 4th March
- Please sign your child's planner every week...

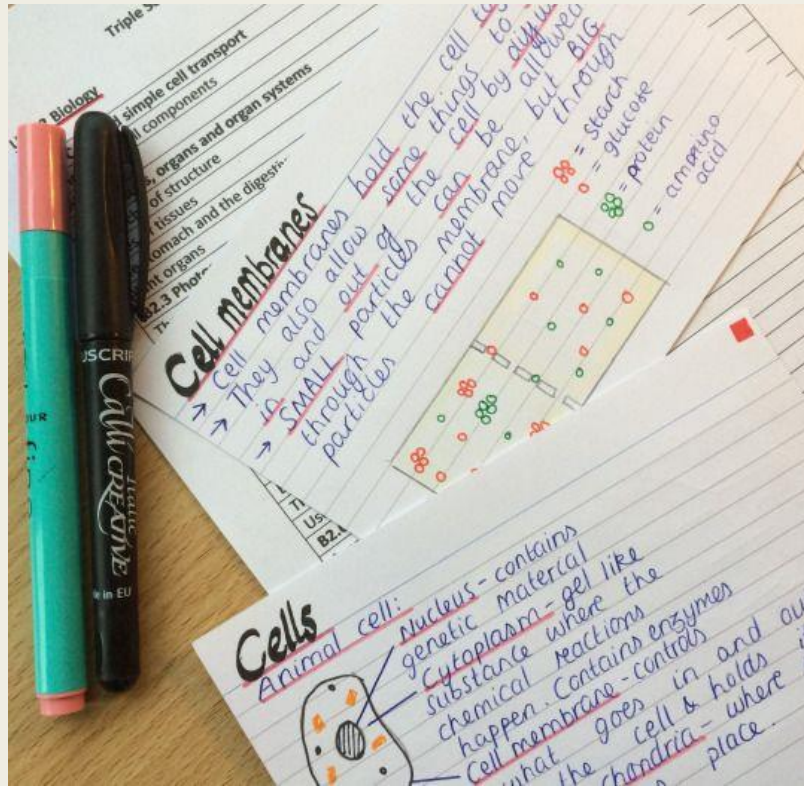
Example of Daily HW – Directed by teacher

- Complete Doodle Quiz on electromagnetism.
- Spend 30 mins on Judasim exam question.
- Learn 10 Spanish phrases from Work & Future Plans revision list.
- Maths Watch questions
- 20 minutes personal reading before bed

Example of Weekly HW – Independently set by student

- Re-read Stave 2 of 'A Christmas Carol'
- Use revision cards to revise the Treaty of Versailles studied last year
- Learn last half-term's Maths formulae
- Bring Art sketch book up to date with annotations

Knowledge Organising





Learning a Language

- Student voice in parts of school suggests that MFL are seen as unimportant by some students and parents.
- Improves memory and lengthens attention span
- Meet new people
- Travel!
- Employers are impressed
- Self-confidence
- *Don't allow Spanish to be undervalued!*
- *Think about your application forms, now and in the future.*

Post 16 Ready

- Vicki Banbrook from Connexions is our Careers Advisor.
- Encourage your child to build a positive profile of themselves.
- Student CV and 6th form interviews
- Take part in school life eg. running a stall at the Christmas Fayre, being a Sports Leader, taking a part in a school production
- Value home life achievements too eg. shopping for elderly relative or neighbor, babysitting, newspaper round.
- We are transparent with the reference that we send to post-16 institutions.

Christ the King

- Open Events

- Christ the King Aquinas (Brockley Site)
 - Saturday 9 November 10 to 1pm
- Christ the King Emmanuel (Lewisham Site)
 - Saturday 23 November 10 to 1pm
- Christ the King St Mary's (Sidcup Site)
 - Saturday 16 November 10 to 1pm

Please see websites for different institutions



Exam Stress and Anxiety

- Feel tense, worry a lot or become consistently irritable
- Get lots of headaches and stomach pains
- Not sleep well
- Lose interest in food or eat more than normal
- Not enjoy activities they previously enjoyed
- Seem negative or low in mood
- Seem hopeless about the future

- These signs, of course, may not be exam stress but worth looking out for
- Inform us at school if concerned: Learning Mentors, exam stress workshops, Careers Advisor
- Talk to your child; together, we can all help.

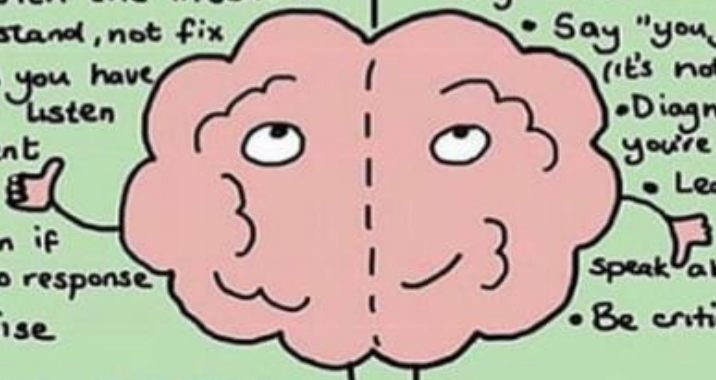
HOW TO HAVE A CONVERSATION ABOUT MENTAL HEALTH

DO....

- Listen without judgement
- Ask "how can I help?"
- Let them know you care
- Validate their feelings
- Tell them you want to hear - they're not a burden
- Listen with the intention to understand, not fix
- Ask when you have time to listen
- Be patient
- Keep in touch even if you get no response
- Empathise

DON'T....

- Interrupt or speak over
- Tell them how they should feel
- Jump in with solutions
- Belittle their feelings
- Pressure them to speak
- Tell them the illness or feelings they have are a choice
- Say "you just need to..." (it's not that simple)
- Diagnose them when you're not qualified
- Leave them out
- Be scared to speak about feelings
- Be critical or blaming



Start early and spread out...

- Don't underestimate the time needed for your practical coursework!
- Space your revision sessions!
- Ten one-hour sessions over ten days is better than ten hours in the same day.
- Actors can't learn their lines the day before the play; athletes don't start training the day before the race.
- Forgetting and then re-learning builds memory.



Fresh air & exercise

- Revision = quality, not quantity.
- Going outside and getting some fresh air helps people feel refreshed and focus better afterwards.
- Doing a little bit of exercise helps you deal better with stressful situations: it reduces anxiety and increases self-esteem.
- Re-set: go for a run, kick a ball around the park...
- **Work / life balance!**



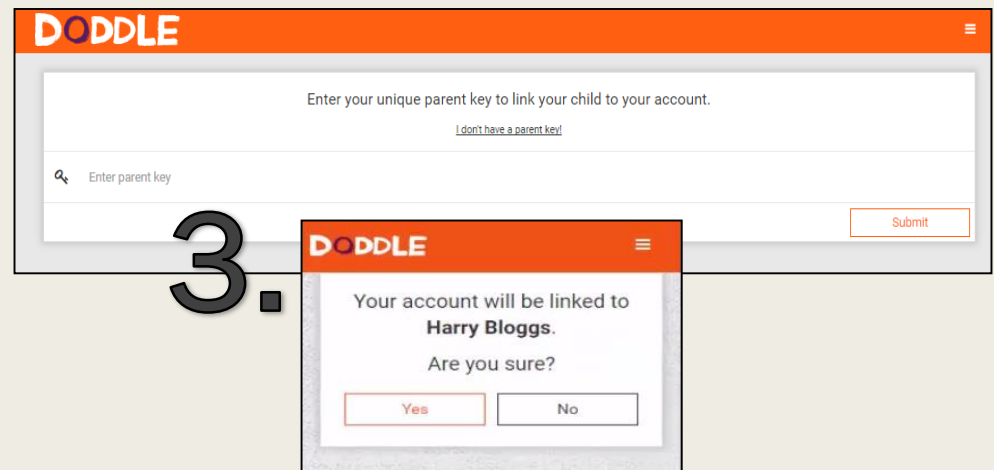
How do you set up an account?

1. Create your Doddle Parent account at www.doddlelearn.co.uk/app/parent/enrol using your own email address

2. Verify your account using the link sent to your email

3. You will then be given a unique key for your child/children by the school.

Once entered, this key will link your account to your child's data.



DODDLE Parent

- Empowering parents with up-to-date assessment and homework information
-

✓ Instantly see what homework your child has been set

✓ View the resources they have to do

✓ Support your child's learning at home

✓ See how well your child is doing in individual subjects

✓ Information on-the-go on your mobile

✓ Identify strong and weak points

